

ATCO

BRAND

SILVER HAKE

Salt Added

Contents 15 Oz. Avoir

NATURAL STYLE

Product of U.S.A.

Distributed by

THE ATLANTIC COAST
FISHERIES CO.

Boston, Mass., U.S.A.

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WHITING

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RECIPES

Drain liquid from can and remove fish. Fish are ready to eat or may be boiled, fried, or made into fish cakes, sandwich spread or fish paste. For salads mix fish with vinegar, onions, peppers, and other preferred seasoning.

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